

折衷式遊戲治療對選擇性緘默幼童社會互動之成效研究

本研究旨在探討折衷式遊戲治療對選擇性緘默幼童社會互動之學習成效。研究對象是一名四足歲之選擇性緘默男童，採單一受試研究法之跨情境多試探設計。自變項為折衷式遊戲治療活動，依變項為社會互動技能，包括「口語應答」、「非口語應答」，以及「與人合作」行為。本研究之受試者接受三個情境中之基線期、介入期、維持期三個階段的評量，搜集觀察資料，並以視覺分析法與 C 統計方式分析學習成效。最後輔以訪談，以了解本研究的社會效度。

本研究結果摘要如下：

- 一、折衷式遊戲治療可提高選擇性緘默幼童口語應答之學習成效。
 - 二、折衷式遊戲治療可提高選擇性緘默幼童非口語應答之學習成效。
 - 三、折衷式遊戲治療可提高選擇性緘默幼童與人合作之學習成效。
- 訪談家長及老師，結果顯示本研究具有良好的社會效度。

關鍵字：折衷式遊戲治療、選擇性緘默、社會互動

The Effect of Eclectic Play Therapy on Children with Selective Mutism's Social Interaction

The purpose of this study was to investigate the effectiveness of eclectic play on training of social interaction skills with a selective mutism child. The subject was a student with selective mutism. The single-subject research across situational with multiple probe design was used in the study. The independent variable were activity of eclectic play and the dependent variables were the effects of training of social interaction for the student with selective mutism. Data were collected based on three phases : oral behavior, non-oral behavior, and cooperation with others. Visual analysis and simplified time-series analysis were used to analyze the effectiveness of the training. At the end of the training, interviews were used to examine the social validity of this study.

Results of this study were summarized as follows :

1. The eclectic play activities for the student of selective mutism results in raise effects in oral behavior.
2. The eclectic play activities for the student of selective mutism results in raise effects in non-oral behavior.
3. The eclectic play activities for the student of selective mutism results in raise effects in cooperation with others.